

## Health Happens in Schools



### School Climate

- Alternative Discipline Policies and Practices (Restorative Justice)
- Anti-Bullying and Code of Conduct
- Youth Leadership
- Chronic Absence
- Parent Engagement
- Strengthen Partnerships Between Law Enforcement, Schools, Students and CBOs
- Sons and Brothers/BMoC (Men's Leadership Academy)
- Social Emotional Learning

### Comprehensive Supports

- School Based Health Services:
  - Connect Center (Centralized Resource Center)
  - Behavioral Health Linked with Primary Care
- Increasing School Based Health Centers
- Trauma-Informed Approaches
- Health Career Pathways

### School Wellness

- Food and Water:
  - Healthy Foods Task Force
  - Nutrition Policies
  - School Teaching Gardens
  - Farm to School Program
- Physical Activity:
  - Walkability
  - Safe Passage to School
  - Physical Education
- Integrated School Health Committee
- Youth Development

## Building Healthy Communities

## South Sacramento



## Health Happens in Neighborhoods



### Food Environments and Food Systems

- Corner Store Upgrade
- Farmers Markets
- Food Policy and Zoning
- CalFresh and Public Benefits
- Healthy Eating Programs
- Food Procurement Standards & Practices
- Home and Community Gardens
- Gleaning and Redistribution

### Community and Economic Development

- Community Benefit and Labor Agreements
- Health and Green Career Pipelines
- Active Transit Promotion
- Inclusionary Housing Policies
- Public Private Partnerships

### Land-Use Planning and Anti-Displacement

- Health in All Policies
- General Plan Updates
- Safe Routes to Schools
- Joint Use/Shared Facilities
- Walkability and Bikeability
- Health Impact Assessment
- Recreational Facilities and Green Space

### Environmental Health and Justice

- Brownfields/Vacant Spaces

### Systems that Restore and Heal

- Healing Circles
- Jail/Prison System
  - Prevention
  - Reentry
- Evaluation of City Violence Prevention Strategies

### Healthy Youth Opportunities

- Youth Civic Engagement and Leadership
- Career Pathways/ Internships
- Healing Circles

### Public Health

- Community Transformation Grant
- Design for Active Sacramento

### Coverage, Care and Community Prevention

- ACA Education and Outreach
- Public Benefits Awareness, Medi-Cal and ACA Enrollment
- Healthcare Access Policy and Advocacy
- Systems for Remaining Uninsured
- Health Homes
- Medical-Legal Partnerships
- Health Navigators/Community Health Workers

### Health Care Services

- School Based Health Centers
- Cultural Responsiveness and Language Access
- Frontline/Community Health Workers
- Career Ladder Programs/Workforce Development

## Health Happens With Prevention

